

ḤADĪTH OF THE WEEK – WEEK TWENTY-FIVE

On the authority of an-Nawwās, the son of Sam‘ān, may Allāh be pleased with him, that the Prophet, may Allāh’s blessings and peace be upon him, said:

“Birr (righteousness) is good character, and ʿIthm (wrongdoing) is what wavers in your nafs (self) and at what you would dislike people looking.”

It was related by Muslim.

And on the authority of Wabiṣah, the son of Ma‘bad, may Allāh be pleased with him, who said:

I came to the Messenger of Allāh, may Allāh’s blessings and peace be upon him, so he said, **“You have come to ask about Birr and ʿIthm.”** I said, “Yes.” He said, **“Consult your heart. Birr is that about which the nafs feels at ease and the heart feels tranquil. ʿIthm is that which wavers in the nafs and causes uneasiness in the chest, even if people have repeatedly given their legal opinion to you.”**

A good ḥadīth transmitted from the musnads of the two ʿimāms, ʿAḥmad, the son of Ḥanbal, and ad-Dārimiyy, with a good chain.